

The Gentle Bio-Energetics Institute provides a number of training experiences in the use of Eva Reich's Gentle Bio-Energetics Theory and Tools. These range from lectures to hands on training. Programs are taught at the Gentle Bio-Energetics Institute in Asheville, North Carolina and by invitation at other locations. We offer:

Introductory lectures that focus on the history, development, theory, and demonstration of one or more of the tools of Gentle Bio-Energetics. Students will at least observe/learn Eva Reich's Butterfly Touch Massage. The purpose is educational to teach some things students can use in their lives and explore if they would like to do more training in Gentle Bio-Energetics.

Advanced training that includes two 4 day segments that are taught successively twice a year in Asheville and in other places as noted below. In Asheville students can take the modules in 8 straight days or take the 4 day segments at different times. Students can also return at a reduced cost to repeat any of the days once they have completed all 8 days. This program is highly experiential with students observing how the tools are used, experiencing them on themselves, and using them with peers in the group. The program is a requirement for certification which involves a minimum of 500 hours of training and a peer review. The hours break down as follows: 100 hours of advanced training, 100 hours of receiving the tools from therapists, 100 hours of doing the tools on others, 100 hours for a college degree or other training, 100 various hours depending on the need of the student that could include supervision, certification in other programs, other studies, or more experience in the above 300 hours.

A two day program for individuals interested in being certified as instructors in Eva's own tool, Butterfly Touch Massage is offered by the Gentle Bio-Energetics Institute. Occasionally, we offer courses in specific tools as requested. We also offer apprenticeship programs for those who want to go beyond the certification program and become trainers. Students who wish to study or experience Gentle Bio-Energetics but do not want to be certified are welcome in the training programs.

In addition, The Gentle Bio-Energetics Institute offers training in Polarity Therapy, developed by Dr. Randolph Stone. The Introductory class includes the basic theory of polarity therapy and several treatment techniques you can use when you return home. The advanced class focuses on additional techniques. These gentle healing techniques are complementary to Gentle Bio-Energetics and may be used as a part of it or as stand alone treatment .



Gentle Bio-Energetics Institute is approved by the National Certification Board for Therapeutic Massage and Bodywork, (NCBTMB) as a continuing education Approved Provider.

GBE 2009 Training Schedule

Table of Contents

United States	2
Singapore and Malaysia.....	3
Singapore	3
Malaysia.....	4
Johor Bahru.....	4
Kuala Lumpur	4
Latvia	5
Future Locations	5
Therapy	5
Information/Registration.....	5

United States

Gentle Bio-Energetics Institute, Asheville, NC

Contact: info@gentlebio-energetics.com 828-298-5854

Course	Fee	Date	Time	CE Hours
Introduction to Gentle Bio-Energetics	\$75	April 29	12:00-7:30 pm	6 Continuing Education hours
Introduction to Gentle Bio-Energetics	\$75	Sept 28	12:00-7:30 pm	6 Continuing Education hours
Gentle Bio-Energetics Training I Modules 1-4	\$395	April 30- May 3	9:00-6:00 pm	32 Continuing Education hours
Gentle Bio-Energetics Training I Modules 1-4	\$395	Sept 29-Oct 2	9:00-6:00 pm	32 Continuing Education hours
Gentle Bio-Energetics Training II Modules 5-8	\$395	May 4-7	9:00-6:00 pm	32 Continuing Education hours
Gentle Bio-Energetics Training II Modules 5-8	\$395	Oct 3-6	9:00-6:00 pm	32 Continuing Education hours
Butterfly Touch Massage Instructor Certification Program	\$150	May 8-9	9:00-6:00 pm	16 Continuing Education hours
Butterfly Touch Massage Instructor Certification Program	\$150	Oct 7-8	9:00-6:00 pm	16 Continuing Education hours
Introduction to Polarity Therapy	\$95	Apr 18	9:00-6:00	8 Continuing Education hours
Introduction to Polarity Therapy	\$95	Oct 9	9:00-6:00	8 Continuing Education hours
Advanced Polarity Therapy	\$295	Oct 10-12	9:00am-6:00pm	24 Continuing Education hours

Singapore and Malaysia

Contact: Sylvia Koh
sylviakoh24@gmail.com (65) 94558891

Singapore

Course	Date	Time
Gentle Bio-Energetics Metamorphosis	March 7	3:00-6:00 pm
Butterfly Touch Massage (Chinese Translation)	March 8	10:00am-12noon
Butterfly Touch Massage (English only)	March 8	2:00-4:00 pm
Introduction to Gentle Bio-Energetics	March 10	7:30pm-10:30pm
Gentle Bio-Energetics Training I Modules 1-4	March 11-14	9:00am-6:00pm
Gentle Bio-Energetics Training II Modules 5-8	March 15-18	9:00am-6:00pm
Polarity Introduction	March 23	9:00am-6:00pm
Polarity Advanced	March 24-25	9:00am-6:00pm

Malaysia

Johor Bahru

Course	Date	Time
Butterfly Touch Massage	March 21	3:00-6:00 pm

Kuala Lumpur

Course	Date	Time
Gentle Bio-Energetics Metamorphosis (Chinese translation)	March 28	10:00am-1:00pm
Gentle Bio-Energetics Metamorphosis (Chinese translation)	March 29	10:00am-1:00pm
Butterfly Touch Massage (Chinese Translation)	March 28	2:30-5:30 pm
Butterfly Touch Massage (Chinese Translation)	March 29	2:30-5:30 pm

Latvia

Contact: Ilze Jankovska
ilzejankovska1@gmail.com 29211698

Course	Date
Various workshops and lectures	April 15-21
Introduction and Gentle Bio-Energetics Advanced Training I & II	July 4 - July 11

Future Locations

We continue to negotiate training programs in other locations. If you wish to organize a program in your area contact us for details. In addition we offer individual training in Asheville when students cannot attend the above dates.

Therapy

For those interested just in therapy we offer intensive therapy programs at the Gentle Bio-Energetics Institute of 5 days duration. During that time clients will receive 10 individual sessions. There will also be ample time to explore the beauty of the Blue Ridge Mountains and Asheville. The cost for the 5 days is \$600. Your current therapist can also accompany you to assist when you return home. Individual therapy sessions are available by request.

Information/Registration

To register for workshops contact the Gentle Bio-Energetics Institute at 828 298 5854. Further information is also available at www.gentlebio-energetics.com or by email info@gentlebio-energetics.com.

Richard Overly, Director of Training, can be reached at rcoverly@earthlink.net or 828 273 1079.
Sandra Tompkins, Director of Education, can be reached at stompkins@gentlebio-energetics.com or 828 298 5854.